

Plan-at-a-Glance Wallet Cards

First Aid Steps for Convulsions or Seizures

- Cushion head, remove glasses
- Loosen tight clothing
- Turn on side and keep airway clear
- Note the time a seizure starts and the length of time it lasts
- Don't put anything in mouth
- Don't hold down
- As seizure ends, offer help

My name is _____

I am experiencing an epileptic seizure

Please notify:

Family _____

Phone _____

Physician _____

Phone _____

If I am injured or unconscious for more than 5 minutes please call 911

Additional emergency information on other side.

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Emergency Process Plan

Seizure Information

See other side for First Aid and Contact Information

Name _____

Date of birth _____

Current medication(s) _____

Allergies _____

Seizure type(s) _____

Frequency of seizures _____

Description _____

Seizure usually lasts _____ minutes

Usually recover in _____ minutes

Treatment for seizure

Seizure Treatment

- Administer DIASTAT® AcuDial™ (diazepam rectal gel) _____ mg for seizure > _____ minutes or for _____ or more seizures in _____ hours

- Use VNS magnet
- _____

- Other _____

- Call 911 if

- Seizure does not stop by itself or with VNS within _____

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minutes

• Seizure does not stop within ____ minutes of giving rescue medication

• I do not start waking up within ____ minutes after seizure is over

(no rescue medication given)

• I do not start waking up within ____ minutes after seizure is over

(after rescue medication given)

Other

Following a seizure

Developed in collaboration with Christine O'Dell, RN, MSN, and Shlomo Shinnar, MD, PhD, of the Comprehensive Epilepsy Management Center, Montefiore Medical Center, Bronx, New York.

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CONFIDENTIALITY STATEMENT

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IMPORTANT SAFETY INFORMATION

DIASTAT® AcuDial™ (diazepam rectal gel) is a gel formulation of diazepam intended for rectal administration in the management of selected refractory patients with epilepsy, on stable regimens of AEDs, who require intermittent use of diazepam to control bouts of increased seizure activity for patients 2 years and older.

In clinical trials with DIASTAT®, the most frequent adverse event was somnolence (23%). Less frequent adverse events reported were dizziness, headache, pain, vasodilation, diarrhea, ataxia, euphoria, incoordination, asthma, rash, abdominal pain, nervousness and rhinitis (1%-5%). Please see full DIASTAT AcuDial Prescribing Information.

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